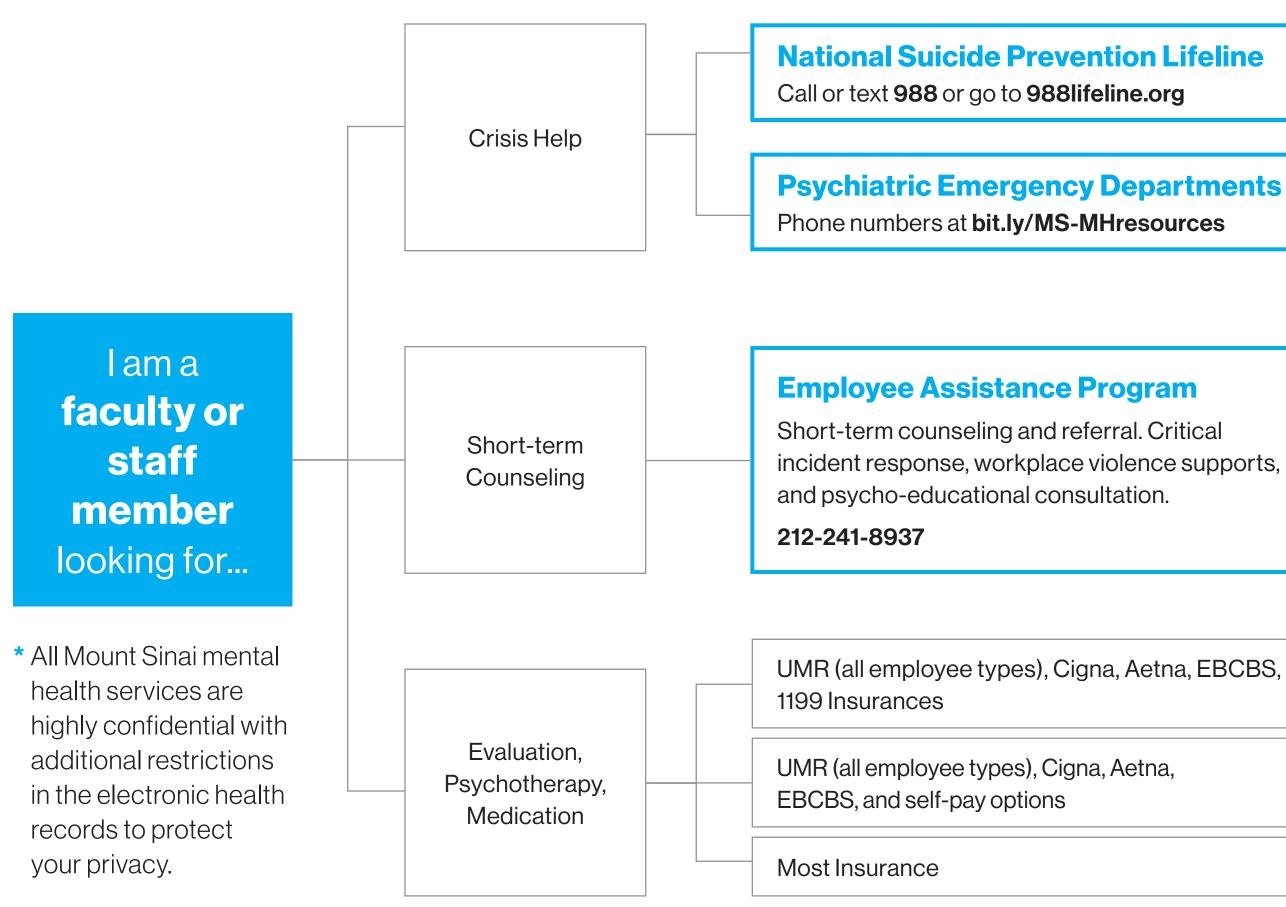
# Mount Sinai Health System Mental Health Resources\*



This resource is brought to you by **The Office of Well-Being and Resilience** OWBR@mssm.edu | 212-241-5057 | mshs.co/3KBpCQY

## **Center for Stress, Resilience, and Personal Growth**

Mental health evaluation, psychotherapy, and medication treatment.

Copay is waived for first 14 visits for in-network care for faculty, staff, trainees, and their adult dependents/spouses.

212-659-5564 | bit.ly/MS-CSRPG

## **Mount Sinai Doctors behavioral health practices**

Mental health evaluation, psychotherapy, and medication treatment for insured employees and their dependents, including child, adolescent, and adult outpatient services.

212-659-8752 | psychiatryfpa@mssm.edu

## **Outpatient Psychiatry Clinics**

Mental health evaluation, psychotherapy, and medication treatment.

**Mount Sinai-Behavioral Health Center** 332-243-1600

The Mount Sinai Hospital 212-241-5947 for children and adolescents 212-241-7175

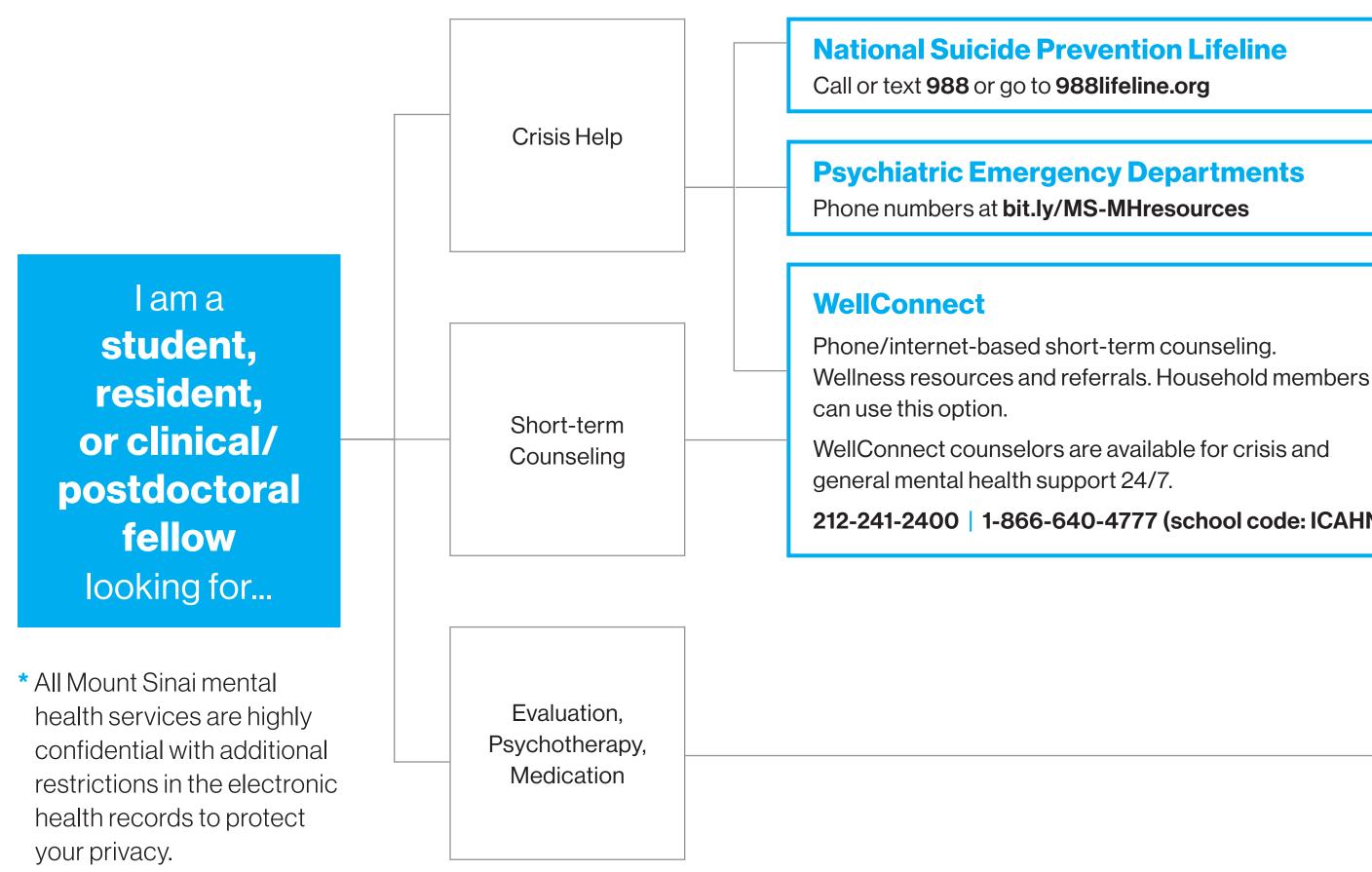
Mount Sinai West and Mount Sinai Morningside 332-243-0080 for children and adolescents 212-523-3082

These programs may refer you to one another





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212-241-2400 | 1-866-640-4777 (school code: ICAHN)

## **Center for Stress, Resilience, and Personal Growth**

Mental health evaluation, psychotherapy, and medication treatment.

Copay is waived for the first 14 visits for in-network care for faculty, staff, trainees, and their adult dependents/spouses.

212-659-5564 | bit.ly/MS-CSRPG

## **Student and Trainee Mental Health**

Mental health evaluation, psychotherapy, and medication treatment. In-person and virtual options.

Appointments are free regardless of insurance. In-person and virtual options. Evening appointments available.

STMH@mssm.edu | bit.ly/MS-STMH 212-659-8805 | 9 am–5 pm, Monday through Friday

### These programs may refer you to one another



